

Please choose the preferred workshops from our provisional programme below. Simply place and number beside your preference, starting with 1 for your first choice, 2 for your second choice and so on. We can't guarantee that every course will run, but we'll be doing our utmost to ensure that your wishes are met. Please list no more than 8 preferences in descending order. And if it's new to you and you've no idea, just tick the beginner box below!

Paddler Name	I'm a beginner- please choose the best courses for me
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SESSION	Duration	Preference No. 1=1 st choice etc.
Forward Paddling	Half Day	
Moving Sideways	Half Day	
Edging and Turning	Half Day	
Close Quarters Manoeuvring	Half Day	
Recovery and Rescues	Half Day	
Towing	Half Day	
Rolling	Half Day	
Real tidal Planning	Half Day	
Practical Navigation Techniques	Half Day	
Trip Planning	Half Day	
Incident Management Simulation	Half Day	
First Aid for Kayakers	Half Day	
Sea Kayak Journey Half Day	Half Day	
Sea Kayak Journey- Full Day	Full Day	

KIT

The expectation is that most participants will bring their own kit - kayak, paddle, buoyancy aid, spray deck and appropriate clothing. Argyll Kayaks have a limited amount of kit available for hire on a pre-arranged basis - contact us before the symposium to enquire.